



# Healthy Maine Partnerships

## Physical Activity and Nutrition Program

Maine Department of Health and Human Services  
Maine Center for Disease Control and Prevention

### PHYSICAL ACTIVITY & NUTRITION PROGRAM MATERIALS ORDER FORM

**PLEASE SHIP TO:**

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Street Address (No P.O. Boxes): \_\_\_\_\_

City/Town/Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

#### PHYSICAL ACTIVITY & NUTRITION (PAN) ACTION PACKETS:

ITEM #:		QTY
2000	Enhanced Access to Places for Physical Activity	
2001	Develop Policies that Support Healthy Eating at Group Events	
2002	Promoting Trail Development and Use of Safe Community Routes for Walking and Biking	
2003	Develop Policies that Support Healthy Options in Vending Machines	
2004	Using Social Support Networks to Increase Physical Activity	
2005	Create Environments that Increase Vegetable and Fruit Consumption	

#### HEALTHY MAINE WALKS MATERIALS:

ITEM #		QTY:	ITEM #:		QTY:
3001	HMW Magnets		3004	HMW Stencils	
3003	HMW Brochures		3005	HMW Press Kit	

#### OTHER MATERIALS:

ITEM #:		QTY:
7000	Now You're Cooking! Facts of Fat! Brochure	
7004	County Fact Sheet: The Burden Of Overweight & Obesity in Maine	
7006	State Fact Sheet: The Burden of Overweight & Obesity in Maine	

#### HEALTHY WEIGHT AWARENESS CAMPAIGN MATERIALS

**You MUST complete this section for us to process your order for the below materials.** The materials below are partially funded by the USDA. Please indicate how you will use these materials with the priority population of Maine people who are participating or eligible to participate in the USDA Food Stamp Program. Schools must meet 50% eligibility for free/reduced lunch (indicate below). Health care providers must use with Maine Care only or must have 50% or greater clients on Maine Care (indicate below). You cannot receive these materials for use at community health fairs.

#### POSTERS

ITEM #:		QTY:	ITEM #:		QTY:
1002	Screen Time		1005	Flip Flop	
1004	Stair		1006	Winter Activity	
ITEM #:		QTY:	ITEM #:		QTY:
5002	Simple Steps to Better Health and They're Free		5018	Add One to Every Meal! F&V Brochure & Magnet	
5010	Make Time for Family Fun		5020	Are your portions in proportion? Brochure & Magnet	
5012	Walk For Life Brochure		5021	Portion Sizes Tip Sheet	

**PLEASE RETURN ORDER FORM TO:**
**Rebecca Drewette-Card**

 Physical Activity & Nutrition Program  
 286 Water Street, 4<sup>th</sup> Floor, Augusta, ME. 04330

Phone: 287-5084 Fax: 287-4631

 E-mail: [rebecca.drewettecard@maine.gov](mailto:rebecca.drewettecard@maine.gov)

 All materials are available for download on the Maine Physical Activity & Nutrition Program web site:  
[www.healthymainepartnerships.org/panp](http://www.healthymainepartnerships.org/panp)