

# Signs of Stroke

Any **one** of the warning signs is a reason to call 9-1-1.

## Sudden...

- **Numbness in the face, arm or leg**
- **Slurred speech**
- **Blurred vision**
- **Dizziness or loss of balance**
- **Severe headache**

**At the first sign of stroke,  
call 9-1-1 immediately!  
Time lost is brain lost!**



Healthy  
Maine  
Partnerships

Maine Cardiovascular Health Program

Bureau of Health, Maine Department of Health and Human Services

American Stroke  
Association®

A Division of American  
Heart Association



[www.healthymainepartnerships.org/mcvhp2.html](http://www.healthymainepartnerships.org/mcvhp2.html)